

Friends of Tucson's Birthplace presents



Using Mission Garden Herbs

Infusions, Tinctures and Salves

Saturday March 30, 2019, 9 a.m. – noon. \$45

Join herbalists Pam Hyde-Nakai and Donna Chesner on March 30 for a hands-on workshop using medicinal plants growing in Mission Garden. Donna and Pam will demonstrate an infusion, a fresh plant tincture, and a salve. Participants will leave with an understanding of simple, effective plant medicine making, as well as samples of the products created in class. Calendula and California poppy are blooming and thriving this spring, and we'll get to know these wonderful, and easy to grow, plant allies. There will no doubt be some surprises popping up as well!

Pam Hyde-Nakai and Donna Chesner are practicing herbalists and educators in the field of contemporary botanical medicine, with special interested on Southwest medicinal plants. Donna has helped Mission Garden develop the Moore Medicinal Herb Garden, named after ground-breaking herbalist Michael Moore.



Mission Garden
946 W Mission Lane
Tucson, AZ 85745
520-955-5200

www.tucsonsbirthplace.org

\$45. Minimum 6, maximum 12 people. Register for this class by going to the News and Events page at www.tucsonsbirthplace.org. Or, contact the garden at (520) 955-5200, or missiongarden.tucson@gmail.com. Or send a check to PO Box 1228, Tucson, AZ 85702.