

Friends of Tucson's Birthplace presents



Mission Garden is Growing with NAMI

Southern Arizona

An event at Mission Garden

Saturday March 16, 2019, 2 – 5 p.m.

Join Mission Garden and National Alliance on Mental Illness (NAMI) Southern Arizona for an afternoon of music, food, wellness information, a speaker and garden tours.

At 3:30 p.m. Dr. Deanna Lewis will give a talk entitled: *I Get by with a Little Help from my Friends: The Essentials of Social Connections for Mental Health and Well Being*. Dr. Lewis is a Research Specialist at the University of Arizona College of Public Health.

Please come to this fundraiser for NAMI Southern Arizona and for Mission Garden. Suggested donation: \$10.



Mission Garden
946 W Mission Lane
Tucson, AZ 85745
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